

USING LAUGHING GAS (ANXIETY-FREE DENTISTRY)

Some people feel anxious or nervous about their dental visits. We want to make sure your visit is comfortable and free from anxiety.

People with the following are candidate for laughing gas (nitrous oxide):

- Fear of dental procedures
- Past traumatic dental experience
- Difficulty getting numb
- Bad gag reflex
- Very sensitive teeth
- Complex dental problems
- Hate the noises, smells and tastes associated with dental care
- Are afraid or embarrassed about their teeth

Comfort During Your Dental Visit

Nitrous oxide, commonly called sweet air or laughing gas, is used on patients of all ages and is a safe, effective way to alleviate the anxieties that occur in the dental office.

Nitrous oxide is a blend of two gases, oxygen, and nitrous oxide, and is inhaled through a small mask. When inhaled it creates a calming effect. Nitrous oxide has a sweet smell, and you experience a sense of well-being and relaxation.

The gas is non-addictive and is quickly eliminated by the body. Patients remain fully conscious and have control of all natural reflexes. Its effects wear off soon after the mask is removed. You are able to drive yourself home after the procedure.